



2017 Cross Country



			Event	Venue	Locality				
			26 March- 2 April	Aust T&F Champs- all age	Homebush	Sydney			
Sat	April	1	Club Run #1, 1.30pm	Victa Road	East Bendigo	6500	3000	800	1500
Sat	April	8	Club Run #2, 1.30pm	Golf Course Road	Epsom	5000	3000	800	1500
Sat	April	15	Easter- No Run						
Sun	April	16	Easter- Dragon Mile	Pall Mall	Bendigo	1609	800		
Sat	April	22	Castlemaine Park Run-8am	Botanical Gardens	Castlemaine	5000			
^^	^^	^^	AV CC Relays	Jell's Park	Whealers Hill				
Sun	April	23	O'Keefe Trail Marathon		Bendigo	42.2	21.1	10.5	1.6
Sat	April	29	Club Run #3, 1.30pm	Lightning Hill	Eaglehawk	6500	3000	800	1500
Sat	May	6	Eaglehawk AC- Two Lakes	Lake Neanger	Eaglehawk	5000	2500	1000	
Sat	May	13	Club Run #4, 1.30pm	Miller's Flat Road	Whipstick	8000	3000	800	1500
^^	^^	^^	AV 8km CC Champs	Wandin Park	Via Lilydale	8000			
Sun	May	14	Mothers Day Fun Run	Beischer Park	Strathdale	TBA			
Sat	May	20	SBAC Club Relay Day	Miller's Flat Road	Whipstick	3000	1500	800	
^^	^^	^^	FREE SOUP & SAV DAY	^^ ^^	^^				
Sat	May	27	Club Run #5, 1.30pm	Mandurang Oval	Mandurang	5000	3000	800	1500
^^	^^	^^	AV 16km CC Champs	Cruden Farm	Frankston	16000			
Sat	June	3	University AC Invitation	Latrobe University	Bendigo	7500	4000	2000	1000
Sat	June	10	Club Run #6, 1.30pm	Landry's Road	Lockwood	8000	3000	800	1500
^^	^^	^^	LBG Race walking carnival	Stromlo Forest Park	Canberra				
Sat	June	17	Club Run #7, 1.30pm	Notleys Reserve	Whipstick	6500	3000	800	1500
^^	^^	^^	AV 12km CC Champs	Bundoora Park	Bundoora, Melb				
Sat	June	24	Bendigo Harriers Invitation	Pony Club	Mandurang Sth	10000	3000	1000	500
Sat	July	1	Club Run #8, 1.30pm	Rocky Rises Road	Kangaroo Flat	10000	3000	800	1500
	July	1-2	Gold Coast Marathon	Gold Coast	Queensland	42.2k	21.1k	10k	5k
Sat	July	8	COMBINED Club Run #9	Mandurang Oval	Mandurang	5000	3000	1000	500
^^	^^	^^	AV Road Relays	Sandown Park	Sandown	6200	3100		
Sat	July	15	Club Run #10, 1.30pm	Heinz Street	White Hills	6500	3000	800	1500
Sun	July	16	AV 10km Champs	Albert Park	Melbourne				
Sat	July	22	Keith Huddle Memorial CC	Ken Wust Reserve	Quarry Hill	6000	2000	1000	
^^	^^	^^	VLAA State Cross Country	TBA	TBA				
Sat	July	29	Club Run #11, 1.30pm	Pearces Road	Mandurang	6500	3000	800	1500
^^	^^	^^	AV 15km Road Champs	Lake Wendouree	Ballarat				
Sat	August	5	SBAC Invitation, 2pm	Woodvale Classic.	Woodvale	6500	3200	1000	
Sat	August	12	SBAC Club Champs	Victa Road	Bendigo East	6500	3000	800	1500
^^	^^	^^	Club Social dinner 6.00pm	TBA					
^^	^^	^^	Ekiden Relay	Anglesea	Anglesea				
Sat	August	19	Glen Allen Memorial , 2pm	Peppercorn Park	Longlea	15000	3000	1000	
Sat	August	26	Club Run #12, 1.30pm	Atlas Road	Junortoun	5000	3000	800	1500
^^	^^	^^	Aust. CC Championships	Wollongong	NSW				
Sat	Sept	2	Donna Tickell Memorial	Woodvale Rec.Res	Woodvale	1500			
^^	^^	^^	Club CC Presentations	^^ ^^	^^				
Sun	Sept	3	Run For Dad 6500m	Bendigo Jockey Club	Epsom	6500	Fathers	Day	
^^	^^	^^	AV Burnley ½ Marathon	Yarra Boulevard	Melbourne	21100			
Sat	Sept	9	University ½ Marathon	Golf Course Road	Epsom	21100	14000	7000	3 & 1
Sat	Sept	16	Princes Park Relays	Royal Parade	Melbourne	3200			
Sun	Oct	15	Melbourne Marathon	MCG	Melbourne	42200			

For more information about the club's Cross Country season, please call

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Club Website www.southbendigoac.org.au twitter.com/southbendigoac



South Bendigo Athletic Club – for Family Fitness & Fun