

SOUTH BENDIGO ATHLETIC CLUB – RUN 10

HEINZ STREET, WHITE HILLS 21/7/2018

On Saturday, the **Champions Supa IGA** South Bendigo Athletic Club was run at Heinz Street, White Hills. This week, the club held its AFL family run with competitors encouraged to wear their teams' colours and it was great to see the range of supported teams.

Even though the course is generally flat, the main obstacles for the day were a few puddles that runners had to avoid. Gary Mahon managed a dual win in both the Reilly's Home Appliances 3km with a time of 19.10 as well as the Intersport Bicknell's 1500m with a time of 8.46.

In the Reilly's Home Appliances 3km, Gary was followed closely home by Sasha Pearce with Alex Wallace running the fastest time of 11.46 and Caitlin Campbell taking home the fastest female for the day (13.40). In the Intersport Bicknell's 1500m, there was a sprint for second and third place between father and son duo Josh and Dustin Ketter with young Dustin coming across the line in second place.

Little Charlie Fox sprinted across the line first in the Bendigo Toyworld Under 10 800m and was also the fastest female on the day (4.03) with Kai Pearce a close second who took out fastest time for this event with 3.08.

South Bendigo member Yazmin Hayes is continuing her amazing form this year with a win at the Athletics Victoria under 18 road race at Albert Park. Congratulations also go to Taryn Furletti, Debbie Kirne and Archie Reid who also placed well in their races.

And finally, last week saw many of our younger runners compete at the Schools State Cross Country Championships held at Bundoora. It was difficult running with strong winds, however there were some PBs on the day which was fantastic to see. Congratulations to all our members who competed on the day.

Results:

Skinner's Plaster 6.5km: Sarah Ketterer 31.25 (Fastest Female), Peter Curtis 26.59, Aaron Norton 28.31, Daniel Plowright 25.04 (Fastest Time), Lara Pearce 34.42, Neil Bowe 31.10, Leigh Browell 32.04.

Reilly's Home Appliances 3km: Gary Mahon 19.10, Sasha Pearce 14.00, Donna Bowe 16.50, Alex Wallace 11.46 (Fastest Time), Sharon Wallace 17.55, Caitlin Campbell 13.40 (Fastest Female), Eli Pearce 11.54, Sebastyn Andrea 11.59, Maiya Pearce 15.16, Annette Curtis 19.11, Peter Hayes 18.43, George Austin 21.34, Ben Wallace 14.08.

Bendigo Toyworld Under 10 800m: Charlie Fox 4.03 (Fastest Female), Kai Pearce 3.08 (Fastest Time), Sam Noden 3.12, Asher Bowe 3.13, Lincon Andrea 3.46, Caleb Marron 4.14, Cody Pearce 6.50, Ned Bowe 5.38, Thomas Fox 3.28, Kai Norton 3.53, Shay Pearce 5.51, Dylan Marron 5.57.

Intersport Bicknell's 1500m: Gary Mahon 8.46, Dustin Ketterer 7.03, Josh Ketterer 5.28, Daniel Plowright 5.20, Sebastyn Andrea 5.13 (Fastest Time), Caitlin Campbell 6.15, John Justice 7.15, Maria Bryce 8.23, Jack Ketterer 7.14, Adam Andrea 7.22, Megan Wilson 6.12 (Fastest Female), Neil Bowe 6.33, Caitlyn Curtis 8.51, Sandy Giampietro 11.07, Sam Noden 6.38, Madison Bryce 9.04, Kylie Campbell 9.40, Leigh Browell 6.32, Amanda Worthington 7.29, Kate Wilson 7.17, Greg Hilson 6.10, Joan Self 9.26, Kaitlyn Bryce 8.57, Levi Bowe 8.26.

AV run, Albert Park

Yazmin Hayes, under 18, 3km in 9.48 (1st place)

Taryn Furletti, under 16, 3km in 10.23 (4th place)

Debbie Kirne, 50+, 10km in 48.06 (9th place)

Archie Reid, under 18, 10km in 34.13 (5th place)