

## SOUTH BENDIGO ATHLETIC CLUB - RUN 10 SEDGWICK HALL, SEDGWICK 6/7/2019

The South Bendigo Athletics Club held their 10<sup>th</sup> cross country run this season at Sedgwick Community Hall. Club sponsor, Champions IGA Long Gully, made the day complete with our annual Sav Day with many families topping off the afternoon with homemade soups. The unforgiving hills after the 1500m mark made for hard work for the longer distance runners and favoured the stronger seasoned athletes, many of whom didn't appreciate the distance increase from last year.

In the longest race, the **Reilly's Home Appliances 6500m**, Will Noden stole the lead with only the final straight to go, claiming his maiden season victory, pipped for the win was Josh Ketterer, while Aaron Norton returned from a midyear break to take third place.

The middle-distance **Fountain Health Foods 4000m** saw new runners Maurice and Bernard Nihill go 1-2 over the line ahead of club veteran Peter Hayes. Following close behind, Genevieve Nihill almost made it a Nihill clean sweep taking out the Fastest Female division.

A strong field of under 10 runners took to the flatter **Bendigo Toy World 1000m** but it was youngster Cody Pearce who came through for his first win of the season, sister Shay secured second place while Alirah Norton ran well to take out the final place.

In the final race of the day, **Intersports Bicknells 2000m**, Maiya Pearce continued the Pearce family form winning with only narrowly winning from first season runner Bron McQueen while Sandra Giampietro held off the field for third.

Next week on Saturday 12th July, South Bendigo runners will head to Rocky Rises Road, Kangaroo Flat with 10km, 4km, 2km and 1km distances. Any aspiring runners please contact Peter on 0417 684 306 or visit the South Bendigo Athletic Club facebook page for further information.

### RESULTS

**Reilly's Home Appliances 6500m** - Will Noden 25.12 (Fastest Time), Josh Ketterer 26.52, Aaron Norton 29.35, Daniel Plowright 25.22, Jackie Guillou 36.03, Peter Curtis 33.29, Matt Barkla 30.12, Peter Lebusque 30.51, Sophie Hawken 33.25 (Fastest Female), Nicole Gillingham 37.25, Lara Pearce 39.50, Eli Pearce DNF.

**Fountain Health Foods 4000m** - Maurice Nihill (new) 16.06, Bernard Nihill (new) 15.48 (Fastest Time), Peter Hayes 24.33, Claude Guillou 19.12, Neil Bowe 19.51, Matt Sheldon 21.01, Sarah Ketterer 20.06, Megan Wilson 17.50, Sam Noden 17.21, Belle Guillou 19.42, Jayne Norton 21.23, Simon Nihill 22.34, Jack Ketterer 18.48, Genevieve Nihill 17.44 (Fastest Time), Carol Coad 23.57, Donna Bowe 26.03, Damian Pearce 17.51, Amanda Worthington 20.53, Asher Bowe 20.09, Annette Curtis 29.06, Caitlin Campbell 20.18, Allie Guillou 21.17, Gary Mahon 32.21.

**Bendigo Toy World 1000m** - Cody Pearce 7.16, Shay Pearce 6.17, Alirah Norton 6.13, Bradie Sheldon 4.01, Charlise McQueen 4.08, Dustin Ketterer 4.09, Tate McQueen 4.46, Bevan Smart 4.41, Drake Barkla 6.25, Kate Wilson 4.11, Gemma Tuena 9.31.

**Intersports Bicknells 2000m** - Maiya Pearce 8.59 (Fastest Female), Bron McQueen 11.11, Sandra Giampietro 14.53, Charlise McQueen 9.15, Maria Bryce 11.42, Kristy Kum Too 12.34, Bradie Sheldon 9.05, Kate Wilson 9.06, John Justice 10.47, Daniel Plowright 7.30 (Fastest Time) Kylie Campbell 13.01, Madison Bryce 11.14, Dustin Ketterer 9.43, Tate McQueen 10.05, Levi Bowe 10.12, Jemma Norton 12.59, Bodie Gillingham 12.40, Kai Pearce 9.20, Lynda Wilson (new) 13.53, Lucius Stevens 10.15, Kai Norton 11.40.