

SOUTH BENDIGO ATHLETIC CLUB – RUN 9 - MILLERS FLAT, WHIPSTICK 22/6/2019

The Champion's IGA South Bendigo Athletic Club held their 9th club run at Millers Flat. Fast times across all competitors were achieved on the lightning quick, relatively flat and dry course. The long race which is sponsored by **Reilly's Home Appliances**, was taken out comfortably by Lara Pearce ahead of President Peter Curtis and Peter LeBusque.

In the middle distance, Annette Curtis recorded her first win this year in the **Fountain Health Foods 3000m**, well ahead of Matt Sheldon who ran a club personal best and was closely followed by Claude Guillou who recorded another third place of season 2019 only narrowly behind.

The underage **Bendigo Toyworld 800m** race was a bunched field crossing the line all together, but it was Lucius Stevens who came out victorious, edging out the fast finishing McQueen duo Charlise and Tate.

In the **Intersports Bicknell's 1500m** which was the final race of the day, it was a front marker special. Trai Giampietro led the entire way in his first race followed by Madison Bryce who was the first registered runner across the line. Tate McQueen backed up strongly for his second place of the day with Nick Giampietro crossing in fourth place outsprinting club veteran John Justice who was the third club member and fifth placing overall.

Next week, South Bendigo runners will take on other local clubs at the Harriers Invitation at the Mandurang South Recreation Reserve. The next South Bendigo Athletic Club run will be at the Sedgewick Town Hall on the 6th of July. Any aspiring runners please contact Peter on 0417 684 306 or visit the South Bendigo Athletic Club facebook page for further information.

Lastly, the club would like to congratulate our younger runners who competed at the Northern Country Region Little Athletics Cross Country event in Shepparton on the weekend. Siblings Megan and Kate Wilson along with Logan and Chelsea Tickell and Genevieve Nihill were highly successful in the 1500m, 2000m and 3000m events. All five runners placed which was exceptional at the technically difficult course with several downhill switchbacks and then a series of uphill switchbacks before the final sprint to the finish line. Well done to these young runners.

RESULTS

Reilly's Home Appliances 8000m - Lara Pearce 45.41, Peter Curtis 39.37, Peter LeBusque 36.01, Josher Ketterer 32.58, Daniel Plowright 30.11 (Fastest Time), Matt Barkla 35.39, Jackie Guillou 43.25 (Fastest Female), Will Noden 31.08.

Fountain Health Foods 3000m - Annette Curtis 19.41, Matt Sheldon 14.36, Claude Guillou 13.58, Sarah Ketterer 14.39, Peter Hayes 17.50, Kylie Campbell 19.05, Sasha Pearce 13.57, Jack Ketterer 13.11 (Fastest Male), Sophie Hawken 13.09 (Fastest Time), Carol Coad 17.23, Caitlin Campbell 13.57, Amanda Worthington 15.12.

Bendigo Toyworld 800m - Lucius Stevens 3.23, Charlise McQueen 3.08 (Fastest Time), Tate McQueen 3.35, Bevan Smart 3.26, Shay Pearce 5.17, Bradie Sheldon 3.08 (Fastest Male), Dustin Ketterer 3.12, Gemma Tuena 6.51, Charli Saunders 4.02, Drake Barkla 4.55, Lily Brennan 4.07, Jess Brown 3.39 (NEW).

Intersports Bicknell's 1500m - Trai Giampietro 10.13 (NEW), Madison Bryce 7.42, Tate McQueen 6.51, Nick Giampietro 8.36 (NEW), John Justice 7.32, Caitlin Campbell 6.16, Sandra Giampietro 10.41, Bradie Sheldon 6.25, Nathan Brennan 7.18, Jack Ketterer 6.03, Maria Bryce 8.19, Belle Guillou 6.25, Dustin Ketterer 6.47, Daniel Plowright 5.28 (Fastest Time), Allie Guillou 6.09 (Fastest Female), Kristy Kum Too 9.04, Sarah Ketterer 6.56, Nadia Giampietro 9.49, Lucius Stevens 6.55, Kai Pearce 6.48.

Northern Country Region Little Athletics Cross Country

1500m - Chelsea Tickell (first), Kate Wilson (second)

2000m – Genevieve Nihill (third)

3000m - Logan Tickell (first), Megan Wilson (third)