

**SOUTH BENDIGO ATHLETIC CLUB**  
**MILLERS FLAT RD, WHIPSTICK (CLUB RELAYS) 27/7/2019**

The South Bendigo Athletics Club held their annual Club Relays at the home of Keith N, in the Whipstick, with the generous support of sponsors Intersports Bicknells, Champions IGA Long Gully and the Curtis Family.

No watches were allowed to be worn in the nominated time race which added to the suspense - even the Officials were unsure of who would win going into last leg. Team Captains assigned running order and team colours and there was one runner in Leigh Browell who completed the entire 8.250m 11 lap course by himself in a time of 38.14. Great effort Leigh!

Bradie Sheldon secured the lead for his team at the first change over (750m) leg with Kai Pearce continuing the lead for his team into the second leg (1500m). Peter Hayes surrendered the lead for his team whilst Bernard Nihill moved his team into the lead at the last change over handing over to Belle Guillou. Will Noden raced home strong to win in the quickest 3km at the club for the year to steer his team home to a victory.

In a very cunning approach, the Plowright brothers stayed on course of the nominated time race to secure their first family relay win ever. The Noden brothers, Will and Sam were unlucky on count back losing by under 6tenths of a second with the other two Noden brothers, Tom and Jesse running the fastest overall. It was great to see the Ketterer's in their first family relay start which resulted in a placing.

Next week on Saturday 3rd August, South Bendigo is hosting the Woodvale Invitational which will be held at the Woodvale Recreation Reserve with the first race commencing at 2pm. Runners need to register at least 10 mins prior to their race. You don't have to be a member of a club to enter, so if you would like to participate in a 6.5km, 3km, 1.5km or 1000m race, then please contact Peter on 0417 684 306 or visit the South Bendigo Athletic Club facebook page for further information.

**RESULTS**

**1x 750m, 1x 1500m, 2x 3000m**

**1<sup>st</sup> Place, Will's Winners** - Bradie Sheldon 2.48, Kai Pearce 6.10, Peter Hayes 15.59, Will Noden 10.05,  
Team Time 35.02.

**2<sup>nd</sup> Place**, Bernards Busters- Shay Pearce 4.38, Kyle Hilson 7.14, Bernard Nihill 10.37, Belle Guillou 13.18,  
Team Total 35.47.

**3<sup>rd</sup> Place**, Jacks Jets- Kai Norton 3.20, Sasha Pearce 6.10, Allie Guillou 13.33, Jack Ketterer 12.34,  
Team Total 35.37.

**4<sup>th</sup> Place**, Damian's Dodgers- Carol Coad 3.12, Kate Wilson 5.54, Mandy Worthington 14.55, Damian Pearce 11.46,  
Team Total 35.51.

**5<sup>th</sup> Place**, Nodens Nobels- Dustin Ketterer 3.03, Madison Bryce 8.00, Simon Nihill 15.07, Jesse Noden 10.10,  
Team Total 36.20.

**6<sup>th</sup> Place**, The PlowKings- Gary Mahon 3.59, Charlise McQueen 6.48, Lara Pearce 15.26, Daniel Plowright 10.34,  
Team Total 36.47.

**7<sup>th</sup> Place**, Sam's Superstars- Lily Brennan 3.35, Maiya Pearce 6.20, Jackie Guillou 14.54, Sam Noden 12.15,  
Team Total 37.04.

**8<sup>th</sup> Place**, Hilson's Hitmen- Alirah Norton 4.40, Tate McQueen 12.02, Greg Hilson 11.55, Claude Guillou 13.15,  
Team Total 37.12

**9<sup>th</sup> Place**, Eli's Elites- Annette Curtis 4.44, Kaitlyn Bryce 7.54, Caitlin Campbell 13.17, Eli Pearce 11.10,  
Team Total 37.05

**10<sup>th</sup> Place**, Aaron's Aces- Bevan Smart 3.19, John Justice 7.33, Sarah Ketterer 14.33, Aaron Norton 11.53,  
Team Total 37.18

**11<sup>th</sup> Place**, Maurice's Masters- Cody Pearce 6.44, Nathan Brennan 7.35, Maurice Nihill 11.10, Megan Wilson 12.12,  
Team Total 37.41

**12<sup>th</sup> Place**, Ketterer's Knights- Sandy Giampietro 5.13, Kylie Campbell 8.55, Tait Poyser 11.11, Josh Ketterer 11.27,  
Team Total 36.46

### **Family Relays**

#### **2x 750m Nominated Time Relay**

##### **Daniel & James Plowright 6.02.67 (-0.00.33)**

Sam & Will Noden	4.49.05 (-0.00.95)
Sarah & Jack Ketterer	6.09 (+0.09)
Jesse & Tom Noden	4.38 (+0.12)
Maurice & Simon Nihill	6.58 (+0.13)
Bernard Nihill & Tait Poyser	5.44 (+0.14)
Eli & Damian Pearce	5.50 (+0.15)
Claude & Jackie Guillou	7.17 (+0.17)
Lily Brennan & Bevan Smart	7.49 (+0.19)
Kyle & Greg Hilson	5.33 (+0.20)
Kate & Megan Wilson	5.37 (-0.23)
Josh & Dustin Ketterer	5.20 (-0.27)
Allie & Belle Guillou	6.10 (-0.30)
Bradie & Sharon Sheldon	7.28 (-0.32)
Tate & Charlise McQueen	6.23 (-0.37)
Kylie & Caitlin Campbell	7.05 (-0.55)
Nathan Brennan & Bella Smart	7.27 (+0.57)
Sasha & Maiya Pearce	5.56 (-1.04)
Kai & Lara Pearce	6.22 (-1.08)