

Champions Super IGA 2021 12th Club Relays

Saturday the 10th of July saw the Champions Supa IGA, South Bendigo Athletic Club hold its 12th Club relay event, at Millers Flat in Whipstick. The Event, which was started in 2009, brings together our athletes in a day of friendly competition in a mixed distance relay and in a 2-runner family relay.

53 Athletes lined up today in the Club relay event, running distances of 750m, 1500m and 3000m. The teams were instructed to let the 750 Meters start the race if they had one, otherwise the order of runners was completely up to them.

Of the 53 athletes 42 broke their handicaps, showing that the Millers Flat Course is one of the best courses to run. The Race Leader changed throughout the race, but in the end, it was the front markers who walked away with the Victory. Captain Keely Trew held off fast finisher Zackery Tickell (Mr PlowKings), and 3T Chief's captain Sophie Hawken was able to bring it home for third place.

In the Family relays 2 Members of a Family, either actual or adopted for the purpose of the race, ran one lap of 750 meters each. The trick to this race though, is each team is required to nominate their finish time, closest to that time wins. For the Second time in a row brothers Daniel and James Plowright showed that guessing the same time from the last family relay works well, only 1 Second off their nominated time. Chelsea and Zackery Tickell's Dad Lucas must have guessed well with a difference of 5 seconds and second place, and twins Allie and Belle Guillou were third with an 11 second difference.

The club also had our free Soup and Sav Day, and we would like to thank everyone who made Soup for us all to Share.

Our Next Club run is not until Saturday 31st of July at Shadbolt's Reserve in Whipstick, Distances of 6.5km, 3km, 1.5km and 800m.

Coming up in the next few weeks we have the Bendigo Harriers Invitational (July 17th Mandurang Oval), and the Bendigo University Athletic Club Invitational (July 24th Latrobe Uni Bendigo).

Members should also be aware of the change of venue for the Donna Tickell Memorial and Presentation Day on Saturday the 4th of September, it will now be held at today's Venue of Millers flat Road, due to works at Woodvale.

For more information check out the FB page or Website.

Club Relay Results

3T Warriors -55'07- Charlotte Button 4.22 (750), Peter Curtis 9.15 (1.5), Kelly Button 15.25 (3), Andrew Jamrozik 12.04 (3), Keely Trew 14.01 (3).

Mr PlowKings -54.59- Tate McQueen 3.01 (750), Dustin Ketterer 6.15 (1.5), Daniel Plowright 10.41 (3), Gary Mahon 24.38 (3), Zackery Tickell 10.24 (3).

3T Chiefs – 53'43- Gemma Tuena 4.34 (750), Charlise McQueen 6.14 (1.5), Sal Ekamayake 14.56 (3), Dylan Stanyer 14.18 (3), Sophie Hawken 15.16 (3).

3T Commandos – 47'08- Indi Jamrozik 4.31 (750), Lucius Stevens 7.37 (1.5), Kat Young 15.59 (3), Kelly Burgess 14.42 (3), Dave Box 12.24 (3).

Presidents Pursuers- 55'42- Tony McQueen 11.57 (3), Bron McQueen 7.32 (1.5), Carol Coad 7.16 (1.5), Keenan Seymour 15.18 (3), Leigh Browell 13.39 (3).

Sarah's Spitfires- 55'17- Ned Bowe 8'25 (1.5), Jack Ketterer 13'14 (3), Ana Karamaloudis 7.07 (1.5), Sarah Ketterer 15.04 (3), Maurice Nihill 11'27 (3).

Guillou's Gustoes- 49'32- Simon Nihill 14.52 (3), Jackie Guillou 15.11 (3), Courtney Campbell 6.52 (1.5), Caitlin Campbell 12.37 (3).

Hilson's Hammerheads- 56'10- Bella Smart 8.08 (1.5), Neil Bowe 13.58 (3), Peta Dawe 8.31 (1.5), Kirsty Seipolt 14.11 (3), Greg Hilson 11.22 (3).

Pete's Panthers- 55'54- Bevan Smart 6'37 (1.5), Levi Bowe 7.02 (1.5), Peter Hayes 17.23 (3), Allie Guillou 12.55 (3), Chelsea Tickell 11.57 (3).

Josh's Jets- 48'49- Abby Smart 10.00 (1.5), Amanda Worthington 15.16 (3), Belle Guillou 12.30 (3), Josh Ketterer 11.03 (3).

Nihill's Nightriders- 57'49- Ivy Brennan 5.11 (750), Gracie Seipolt 21.00 (3), Kyle Hilson 6.52 (1.5), Matt Barkla 13.12 (3), Genevieve Nihill 11.34 (3).

Family Relay Results- Nominated Time-

Daniel and James Plowright 6.04 (+0.01), Chelsea and Zackery Tickell 4.55 (+0.05), Allie and Belle Guillou 5.19 (+0.11), Genevieve and Maurice Nihill 5.16 (+0.16), Jackie Guillou and Peta Dawe 7.24 (-0.26), Greg and Kyle Hilson 5.22 (-0.28), Simon Nihill and Sal Ekamayake 7.39 (-0.41), Bella and Bevan Smart 7.14 (-0.49), Caitlin and Courtney Campbell 6.25(+0.55), Tate and Tony McQueen 5.26 (-1.04), Charlise and Kiera McQueen 6.20 (-1.10), Gracie and Kirsty Seipolt 8.14 (-1.14), Ana and Ang Karamaloudis 8.36 (-1.24), Jack and Josh Ketterer 5.15 (-1.48), Dustin and Sarah Ketterer 6.24 (-2.06), Andrew and Indi Jamrozik 6.48 (-2.12), Keenan and Michael Seymour 7.17 (-2.43).